



Swine Flu (H1N1) Advisory

Updated August 27, 2009

In order to protect Parents in a Pinch clients, caregivers, and their families, we are following the guidance of the CDC in our response to the swine flu outbreak. At this time, the CDC recommends that the primary means to reduce spread of influenza in schools and child care programs is to focus on early identification of ill students and staff. They should stay home when ill, and practice good cough and hand hygiene etiquette. The following policy will be in effect, until further guidance from the CDC leads us to reevaluate it. (Please note these guidelines will be updated once immunizations are started.)

Each caregiver will be required to affirm that:

- She has no flu symptoms, and
- No one in her home has flu symptoms, and
- She has not cared for a person with flu symptoms in the previous three days, unless she has already recovered from the flu or been immunized against it.

We will be unable to provide care for a **family** if anyone in the home has flu symptoms, unless we have a provider who has already recovered from the flu or been immunized against it. We will provide care 24 hours after there is no fever.

If a child in the home attends a **school** that is closed due to flu, we will provide care only if the child has no flu symptoms or 24 hours after there is no fever.

If a child in the home attends a **daycare** (either center-based or home-based) that is closed due to flu, we will be unable to provide care, unless we have a provider who has already recovered from the flu or been immunized against it.

We will familiarize Parent in a Pinch caregivers with the latest CDC advisory on flu prevention.

Symptoms of flu, including swine flu, include fever, cough, sore throat, body aches, headache, chills, fatigue, and, in some cases, diarrhea. According to the CDC, children with swine flu should remain home for at least 24 hours after there is no fever. Public health investigators continue to work to more precisely learn the length of infectiousness, so based on CDC recommendations, we will consider providing care after such symptoms have abated.

For the latest information from the CDC, check these resources:

[General information on the H1N1 virus](#)

[Guidance for schools and daycares](#)